



# AINSCOUGH

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TRAINING SERVICES LTD



**// RAISING STANDARDS - DELIVERING RESULTS //**

## // ABOUT US //



**Train with one of the UK's largest independent, specialist training providers for safer lifting operations.**

**We deliver training to industries, wherever lifting operations take place, including construction, manufacturing, engineering, transportation, aerospace, renewable energy and utilities.**

As a CPCS (Construction Plant Competence Scheme) test centre we specialise in training and NVQs for the Appointed Person, Crane Supervisor, Slinger Signaller and Mobile Crane Operator. Plus a wide range of non CPCS and bespoke courses to suit your needs, in the North West, North London and at clients own sites throughout the UK and abroad.

Ex Military personnel can benefit from Ainscough Training Services Ltd being an approved learning provider for ELCAS (Enhanced Learning Credits) & CTP (Career Transition Partnership).

## RAISING STANDARDS

- All our Instructors and Assessors are fully qualified and highly knowledgeable with many years working and operating in the Mobile Crane Industry.
- We have received a wide range of industry accreditations and certifications demonstrating our commitment to delivering high standards, including CPCS & Cskills.
- We are an active member of the CPA (Construction Plant Association) and accredited with ISO9001, LEEA & Investors in People.
- You can take advantage of cost effective ways to go from CPCS Red Card to CPCS Blue Card.
- We are approved by The CTP & ELCAS for the Military.
- ATSL is a registered Cskills Health, Safety & Environment test centre.

## DELIVERING RESULTS

- You will gain a nationally recognised accreditation through the (CPCS), allowing you to work on any Contractors Group (UKCG) sites throughout the UK.
- Progression can be achieved by completing the NVQ process accredited by Cskills awards, gaining a life-long qualification and CPCS Blue card.
- Our commitment to consistently providing high quality training results in High Pass rates.
- We can give you access to interview opportunities with crane hire companies throughout the UK.
- The Appointed Person is also available in the South & on clients own sites.



## OUR TEAM



At Ainscough Training Services we have built up a strong reputation over many years for providing our clients with friendly, efficient and effective advice that exceeds industry standards.

- No hidden costs – competitively priced for an excellent service & delivery
- Customer friendly website giving you immediate access to course & NVQ information & online booking facility 24/7 including a free call back request service

## // HERE TO HELP //

Whether you are a business or an individual, we offer you high quality advice and experience. We pride ourselves on offering every client excellent service – it is at the heart of who we are and what we do.

Our customers are guided through pre-course assessment and preparation, including revision material and pre-safety checks, along with requests for dietary requirements and the benefit of hotel accommodation specifically set up to discount rates for customers.

We provide a truly one stop service for information, advice, guidance, training and competency assessment.



## // TESTIMONIALS //



PLASTICS TANKS AND  
ENVIRONMENTAL TECHNOLOGIES

"The course was beyond my expectations, the staff were professional, knowledgeable and friendly with high quality facilities. I would definitely recommend Ainscough Training Services."

**Graeme Kellington**  
Forbes Technologies Ltd



**Siemens Wind Power**

"A very engaging instructor. There was a lot of information to take in, but he kept the class interested throughout. A very professional outfit."

**Ian Postlethwaite**  
Siemens Wind Power



**Machines. Ideas. Solutions.**

"The assessor created a very relaxed and professional atmosphere for the practical and theory assessments. The admin support team provided a very polite, professional and punctual service."

**Nick Brooke**  
Senior Technical Specialist  
Jungheinrich UK Limited

**BAE SYSTEMS**

**INSPIRED WORK**

"The course was very thorough, and covered a great deal in such a compacted time frame, it went above and beyond my expectations and conveyed a great deal of the instructors knowledge and experience."

**Carl Morgan**  
Senior Technical Engineer  
BAE Systems Maritime – Submarines



"I have used Ainscough Training Services for many years now and have always found them very knowledgeable, friendly and have a professional and helpful attitude. The impact on our business is that we have a much safer environment for our work force."

**Gailford Try**  
Ann Spurr



"The instructor took the time to explain everything I needed and provided excellent and clear information. I would definitely recommend Ainscough Training Services."

**Chris Guy**  
Marriott Drilling Africa Ltd



Training is delivered at our  
outstanding learning environment  
and bespoke training facility in  
the North West

// OUR FACILITIES //





# APPOINTED PERSON

## The role of the Appointed Person

This course is suitable for supervisors and managers. The Appointed Person has overall control of the lift from conception to completion.

## Course Details

The Appointed Person course is available as a CPCS or non CPCS course.

Dependent on your level of experience you can choose from a 5 day novice, 4 day and a 3 day experienced course.

## TARGET DELEGATES

The Appointed Person course is aimed at anyone who is required to plan safe systems of work using lifting equipment.

## COURSE AIM

The aim of this course is to provide candidates with underpinning knowledge in order for them to understand the role and responsibility of the Appointed Person.

Following successful completion of the course candidates will be able to prepare and implement safe systems of work for lifting operations including writing risk assessments and method statements.

## COURSE CONTENT

- Legislation – LOLER, PUWER, HASAWA
- Codes of practice – BS7121 parts 1 & 3
- Roles & responsibilities
- Crane appreciation
- Duty charts
- Records & certification for lifting equipment & accessories
- Crane stability/ground conditions
- Rated Capacity Indicators (RCI's)
- Mode factors for accessories
- Down rating of accessories
- Sling angles
- Planning a lifting operation
- Risk Assessment & Method Statement
- Selection of lifting accessories



## CERTIFICATION

CPCS candidates who have passed the CPCS tests at the end of the course will be awarded the Red CPCS Trained Operator card endorsed with the category Appointed Person (Lifting Operations). The red CPCS Card is valid for 2 years.

Please note CPCS candidates must have an in date CITB- Construction Skills Health, Safety & Environment Test for Managers & Professionals.

Non CPCS candidates will be awarded an Ainscough Training certificate along with a photo ID card endorsed Appointed person which has a recommended expiry of 5 years.

## PROGRESSION

To convert your red CPCS card to a blue CPCS competent card you will need to achieve the relevant NVQ.

For those who don't follow the CPCS Scheme, the NVQ qualification can be undertaken to underpin their competency in the role of Appointed Person.



# APPOINTED PERSON NVQ

## OVERVIEW

The Red CPCS Trained Operator Card is valid for 2 years. In this time card holders are required to achieve the relevant NVQ Diploma in order to upgrade to Blue Competent Operator Card. Blue cards last for 5 years.

As well as upgrading their card delegates will also receive a nationally recognised qualification issued by Cskills Awards. This proves they have demonstrated their competency in the workplace.

## TARGET DELEGATES

This programme is aimed at individuals who are currently planning lifts in the work place. The NVQ is a mandatory part of the CPCS scheme and must be completed to upgrade to the competent operator card. For those who don't want to follow the CPCS scheme, the qualification can be undertaken to underpin their competency in the role of Appointed Person.

## THE QUALIFICATION

**Qualification Title:** Level 5 Diploma in Controlling Lifting Operators - Planning Lifts (Construction)

**Awarding Body:** Cskills Awards

Grants are available for companies in scope and registered with CITB.

## ACHIEVING THE QUALIFICATION

To achieve the qualification candidates must gather naturally occurring work based evidence which would include some or all of the following:

- Customer correspondence, enquiry and site visit request forms
- Initial site visit drawings and any related specific paperwork/ photographs
- Method Statements/Risk Assessments, Job Sheets, Time Sheets, Crane Duty Charts
- Copies of CPCS card and any relevant training certificates
- Any other documentation which is agreed as being valid by the assessor and candidate

## CERTIFICATION

On completion of the qualification certificates of achievement will be issued from the awarding body; Cskills Awards

Provided the candidate has an in date Health & Safety test for Managers & Professionals the blue Competent Operator Card can then be applied for. These cards last for 5 years.



### Benefit of the NVQ to employer

- Retention of key staff
- Competent, knowledgeable staff
- Help to highlight the company's profile
- Minimum work hours lost

### Benefit of the NVQ to the employee

- Official recognition of their knowledge, skills and competency
- Lifelong qualification
- Possibility of promotion
- Career development
- A flexible route to becoming qualified
- Increases self-confidence, self-esteem etc.
- Employability
- Convert red CPCS card to blue



# CRANE SUPERVISOR

## The role of the Crane Supervisor

This course is suitable for supervisors.

The Crane Supervisor is responsible for directing and supervising the lifting operations, ensuring that these are carried out in accordance with the method statement.

## Course Details

The Crane Supervisor course is available as a CPCS or non CPCS course.

## TARGET DELEGATES

The Crane Supervisor course is aimed at anyone who is required to supervise safe systems of work using lifting equipment. It is recommended that prior to attending this course individuals should have some experience of working with lifting equipment, especially mobile cranes.

## COURSE AIM

The aim of this course is to provide candidates with underpinning knowledge in order for them to understand the role and responsibility of the Crane Supervisor.

Following successful completion of the course candidates will be able to understand and follow safe systems of work for lifting operations including risk assessments and method statements.

## COURSE CONTENT

- Legislation LOLER, PUWER, HASAWA
- Codes of practice – BS7121
- Roles & responsibilities
- Crane appreciation
- Crane terminology
- Records & certification for lifting equipment & accessories
- Crane stability/ground conditions
- Types of accessories & use
- Communications
- Preparing a site for lifting
- Down rating of accessories



## CERTIFICATION

CPCS candidates who have passed the CPCS tests at the end of the course will be awarded the red CPCS Trained Operator card endorsed with the category Crane Supervisor (Lifting Operations). The red CPCS is valid for 2 years.

Non CPCS candidates will be awarded the Ainscough Training Certificate along with a photo ID endorsed Crane Supervisor which has a recommended expiry of 5 years.

## PROGRESSION

To convert your red CPCS card to a blue CPCS competent card you will need to achieve the relevant NVQ. For those who don't follow the CPCS scheme, the NVQ qualification can be undertaken to underpin their competency in the role of Crane Supervisor.



# CRANE SUPERVISOR NVQ

## OVERVIEW

The Red CPCS Trained Operator Card is valid for 2 years. In this time card holders are required to achieve the relevant NVQ Diploma in order to upgrade to the Blue Competent Operator Card. Blue cards last for 5 years.

As well as upgrading their card delegates will also receive a nationally recognised qualification issued by Cskills Awards. This proves they have demonstrated their competency in the workplace.

## TARGET DELEGATES

This programme is aimed at individuals who are currently supervising lifts in the work place. The NVQ is a mandatory part of the CPCS scheme and must be completed to upgrade to the competent operator card. For those who don't want to follow the CPCS Scheme, the qualification can be undertaken to underpin their competency in the role of Crane Supervisor.

## THE QUALIFICATION

**Qualification Title:** Level 4 Diploma in Controlling Lifting Operations – Supervising Lifts (Construction)

**Awarding Body:** Cskills Awards

**Funding:** Grants are available for companies in scope and registered with Cskills.

## ACHIEVING THE QUALIFICATION

To achieve the qualification candidates must gather naturally occurring work based evidence which would include some or all of the following:

- Customer correspondence, enquiry & site visit request forms.
- Permit to lift, test certificates, daily plant sheets.
- Method Statements/Risk Assessments. Proof of hire.
- Copies of CPCS cards of all personnel and any relevant training certificates.
- Any other documentation which is agreed as being valid by the assessor and candidate.

## CERTIFICATION

On completion of the qualification certificates of achievement will be issued from the awarding body; Cskills Awards. Provided the candidate has an in date Supervisors Health & Safety Test the blue Competent Operator Card can then be applied for. These cards last for 5 years.



### Benefit of the NVQ to employer

- Retention of key staff
- Competent, knowledgeable staff
- Help to highlight the company's profile
- Minimum work hours lost

### Benefit of the NVQ to the employee

- Convert red CPCS card to blue
- Official recognition of their knowledge, skills and competency
- Lifelong qualification
- Career development
- A flexible route to becoming qualified
- Increases self-confidence, self-esteem etc
- Employability



## SLINGER/SIGNALLER

### The role of the Slinger/Signaller

This course is aimed at inexperienced candidates who wish to undertake the role of slinging and signalling for the movement of loads using lifting equipment.

Candidates may be new to the role or may be those with limited experience and no formal training.

### Course Details

The Slinger/Signaller course is available as a CPCS or non CPCS course.

### TARGET DELEGATES

The Slinger/Signaller course is aimed at anyone who is required to undertake slinging and signalling for the movement of loads using lifting equipment. Candidates may be new to the role or may be those with limited experience and no formal training.

### COURSE AIM

The aim of this course is to provide candidates with practical and theoretical knowledge in order for them to undertake the role of a Slinger/Signaller.

Following successful completion of the course candidates will be able to select the correct lifting accessories, attach them to loads safely and guide the load using the appropriate hand signals.

### COURSE CONTENT

- Legislation – LOLER, PUWER, HASAWA
- Codes of practice – BS7121
- Records & certification for lifting equipment & accessories
- Slinging techniques
- Down rating of accessories
- Communications
- Selecting lifting accessories
- Attaching accessories to different loads
- Safe use of radios
- Sling angles
- Types of accessories and use



### CERTIFICATION

CPCS candidates who have passed the CPCS tests at the end of the course will be awarded the red CPCS Trained Operator card endorsed with the Slinger/Signaller (All Duties) Category. The red CPCS is valid for 2 years.

Non CPCS candidates will be awarded the Ainscough Training Certificate along with a photo ID endorsed Slinger/Signaller which has a recommended expiry of 5 years.

### PROGRESSION

To convert your red CPCS card to a blue CPCS competent card you will need to achieve the relevant NVQ.

For those who don't follow the CPCS scheme. The NVQ qualification can be undertaken to underpin their competency in the role of Slinger/Signaller.



# SLINGER/SIGNALLER NVQ

## OVERVIEW

The Red CPCS Trained Operator Card is valid for 2 years. In this time card holders are required to achieve the relevant NVQ Diploma in order to upgrade to the Blue Competent Operator Card. Blue cards last for 5 years.

As well as upgrading their card delegates will also receive a nationally recognised qualification issued by Cskills Awards. This proves they have demonstrated their competency in the workplace.

## TARGET DELEGATES

This programme is aimed at individuals who are currently Sliding lifts in the work place. The NVQ is a mandatory part of the CPCS scheme and must be completed to upgrade to the competent operator card. For those who don't want to follow the CPCS Scheme, the qualification can be undertaken to underpin their competency in the role of Slinger/Signaller

We also offer the Experienced Worker Practical Assessment (EWPA) for those delegates who may find it difficult to gather the required evidence.

## THE QUALIFICATION

**Qualification Title:** Level 2 Diploma in Controlling Lifting Operations – Slinger/Signaller (Construction)

**Awarding Body:** Cskills Awards

**Funding:** Grants are available for companies in scope and registered with Cskills.

## ACHIEVING THE QUALIFICATION

To achieve the qualification candidates must gather naturally occurring work based evidence which would include some or all of the following:

- Customer correspondence, enquiry & site visit request forms
- Method Statements/Risk Assessments, Job Sheets, Time Sheets, proof of hire
- Copies of CPCS card and any relevant training certificates
- Any other documentation which is agreed as being valid by the assessor and candidate

## CERTIFICATION

On completion of the qualification certificates of achievement will be issued from the awarding body; Cskills Awards.

Provided the candidate has an in date Operatives Health & Safety Test the blue Competent Operator Card can then be applied for. These cards last for 5 years.



### Benefits to employer

- Retention of key staff.
- Competent, knowledgeable staff
- Help to highlight the company's profile
- Minimum work hours lost

### Benefit of the NVQ to the employee

- Official recognition of their knowledge, skills and competency.
- Lifelong qualification
- Possibility of promotion
- Career development
- A flexible route to becoming qualified.
- Increases self-confidence, self-esteem etc.
- Employability
- Convert red CPCS Card to blue



## MOBILE CRANE OPERATOR

### The role of the Mobile Crane Operator

To set up the crane, follow instructions given by the Crane Supervisor & Slinger/Signaller using hand and radio signals, lift transfer and position loads safely.

### Course Details

The Mobile Crane Operator course is available as a bespoke course to companies. (Please see the bespoke section on page 15)

## TARGET DELEGATES

This course is aimed at anyone who is required to operate mobile cranes for lifting operations on construction sites and other allied industries.

Candidates must have some previous experience of operating hydraulic lifting equipment, (e.g Tele-handlers, Rough Terrain Forklifts, Lorry Loaders, Mobile Elevated Work Platforms, 360 Excavators etc.) Good hand/eye co-ordination is also required.

## COURSE AIM

The aim of this course is to provide candidates with underpinning knowledge in order for them to understand the role and responsibility of the mobile crane operator. Following successful completion of the course candidates will be able to rig and de-rig an All Terrain crane. Operate the crane to lift, transfer and position loads and carry out routine maintenance.

## COURSE CONTENT

- Legislation & codes of practice – BS7121
- Roles & responsibilities & communications
- Crane appreciation
- Duty charts & crane terminology
- Record for lifting equip & accessories
- Crane stability, ground conditions & set up
- Rated Capacity Indicator & Safe Working Loads
- Routine maintenance
- Use of crane on pick and carry duties
- Use of crane on free on wheels duties
- Configuring cranes according to work specifications



## CERTIFICATION

CPCS candidates who have passed the CPCS tests at the end of the course will be awarded the red CPCS Trained Operator card endorsed with the Mobile Crane Operator Endorsement C All Duties. The red CPCS is valid for 2 years.

## PROGRESSION

To convert your red CPCS card to a blue CPCS competent card you will need to achieve the relevant NVQ.

For those who don't follow the CPCS scheme. The NVQ qualification can be undertaken to underpin their competency in the role of Mobile Crane Operator.



# MOBILE CRANE OPERATOR NVQ

## OVERVIEW

The Red CPCS Trained Operator Card is valid for 2 years. In this time card holders are required to achieve the relevant NVQ Diploma in order to upgrade to the Blue Competent Operator Card. Blue cards last for 5

years. As well as upgrading their card delegates will also receive a nationally recognised qualification issued by Cskills Awards. This proves they have demonstrated their competency in the workplace.

## TARGET DELEGATES

This programme is aimed at individuals who hold a red CPCS card and need to achieve the relevant NVQ in order to convert to a blue CPCS Competent Operator Card. For those who don't follow the CPCS Scheme, the qualification can be undertaken to underpin their competency in the job role. We also offer the Experienced Worker Practical Assessment (EWPA) for those delegates who may find it difficult to gather the required evidence.

## THE QUALIFICATION

**Qualification Title:** Level 2 Diploma in Plant Operations – Cranes & Specialist Lifting Plant

**Awarding Body:** Cskills Awards

**Funding:** Grants are available for companies in scope and registered with Cskills.

## ACHIEVING THE QUALIFICATION

To achieve the qualification candidates must gather naturally occurring work based evidence which would include some or all of the following:

- Time sheets provided by the operator which are signed by the operator and manager
- Daily/weekly plant checks signed by the operator and manager or fitter
- Method Statements/Risk Assessments specific to the operator
- Copies of CPCS card and any relevant training certificates
- Any other documentation which is agreed as being valid by the assessor and candidate

## CERTIFICATION

On completion of the qualification certificates of achievement will be issued from the awarding body; Cskills Awards. Provided the candidate has an in date Operatives Health & Safety Test the Blue Competent Operator Card can then be applied for. These cards last for 5 years.



### Benefit of the NVQ to employer

- Retention of key staff.
- Competent, knowledgeable staff
- Help to highlight the company's profile
- Minimum work hours lost

### Benefit of the NVQ to the employee

- Official recognition of their knowledge, skills and competency.
- Lifelong qualification
- Possibility of promotion
- Career development
- A flexible route to becoming qualified.
- Increases self-confidence, self-esteem etc.
- Employability
- Convert red CPCS to blue



## WHAT IS CPCS?

### Don't get turned away from Site!

CPCS (Construction Plant Competence Scheme) is a card scheme designed to prove the skills of plant operatives. It is run by the Construction Industry Training Board also known as CITB. The CPCS card is the most widely recognised as the preferred card to comply with codes of practice for competence and certification. It is accepted on most UK Contractors Group (UKCG) sites throughout the UK. The scheme operates two cards; the Red Trained Operator Card which shows you have been tested to CPCS standards and the Blue Competent Operator Card which shows your competency in the role.

## HEALTH SAFETY & ENVIRONMENT TEST

### Is your Health, Safety & Environment test up to date?

All candidates must have passed the relevant Health Safety & Environment Test (within two years) prior to taking any CPCS Technical test.

The CITB-Construction Skills Health, Safety and Environment test helps to raise standards across the industry. It ensures that workers have a minimum level of health, safety and environmental awareness before going on site. The test is also required by anyone wishing to apply for a CSCS/CPCS card.

When you book your CPCS course with Ainscough Training Services we will advise you the correct test to take.





## BESPOKE COURSES

At Ainscough Training Services we understand that every business has individual training requirements to enable them to comply with all legislation and codes of practice within their industry whether it be petrol chemical refineries, construction, engineering or wind energy.

We have many years' experience of developing and delivering bespoke courses for clients and can help you understand the processes required to ensure a successful course which meets all your objectives and expectations.

- Appointed Person
- Appointed Person Refresher
- Crane Appreciation
- Crane Supervisor
- Slinger/Signaller
- Specific Crane Training
- Overhead Crane
- Valla Crane
- Vehicle Marshaller

With our bespoke courses, location of training is not a problem we can deliver on clients sites nationwide or at our centre in Lancashire.





# AINSCOUGH

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Connect with us

